



ECKANKAR The Path of Spiritual Freedom

February 2018 Lower Mainland Calendar of Public Eckankar Events

Spiritual Discussions/Meetup

Surrey

Sunday, February 11th,
1:00 – 2:00 pm
(every 2nd Sunday)



Greater Vancouver

Spiritual Experiences Meetup

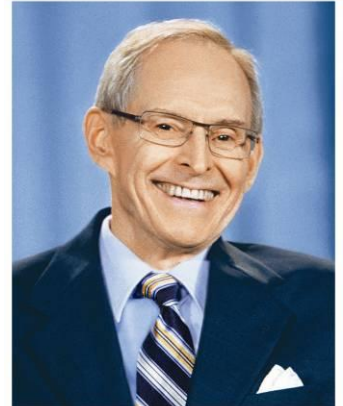
For more information visit us at:

<http://www.meetup.com/GreaterVancouverSpiritualExperiences/>

Discussion Topic:

“Experiencing God’s Sweet Love”

*Fleetwood Community Centre,
Room 3 (Lounge)
15996 84th Avenue, Surrey*



Harold Klemp
The Spiritual Leader
of Eckankar



Have you had a spiritual experience? Meet other people who have had one too. Haven't had a spiritual experience, but would like to? Join our sessions of spiritual discussions to find out how.

Just about everyone has a story to share or a question to ask about spiritual experiences. Perhaps it is an insight that you found through your personal study of life and spirituality. Whatever your background, come to share your stories, experiences, and insights in a warm, friendly environment. Our goal is to listen, validate, and share universal tools that can enhance anyone's spirituality. We are here to help each person find their own relationship with the Divine.

Sound of Soul (replacing the ‘Community HU Song’)

Surrey

Friday, February 2nd
7:30 pm
(every 1st Friday)

*Fleetwood Community Centre
Room 3 (the lounge),
15996 84th Avenue*



North Shore

Friday, February 2nd
7:30 pm
(every 1st Friday)

*John Braithwaite
Community Centre
Meeting Room 1
145 West 1st Street,
North Vancouver
(at the foot of Lonsdale, just a
short walk up from the sea bus)*

Burnaby

Tuesday, February 6th
7:30 pm
(every 1st Tuesday)

*Bonsor Recreation Complex
Conference Room,
2nd Floor
6550 Bonsor, Burnaby
(near Metrotown)*



Abbotsford
CANCELLED!



You are warmly invited to join us in sharing the experience of singing HU together as a community. To hear a five minute HU Song sung by thousands, please visit www.hearhu.org.

“HU, this ancient name for God, is a love song to God. You can sing it. And in singing it or holding it in your mind during times of need, it becomes a prayer. It becomes a prayer of the highest sort.”

—Harold Klemp, *Love—The Keystone of Life*, p.105

ECK Light and Sound Services

The public is warmly invited to attend ECK Light and Sound Services. Each service focuses on an aspect of Eckankar. They often feature a reading from the ECK works, singing HU, talks, music, and a group discussion of spiritual principles at work in daily life. The service lasts about an hour. Join others seeking to bring more insight and divine love into their lives at this special celebration of the Light and Sound of God.

Greater Vancouver Area

**February 18th,
10:30 am**
(every 3rd Sunday)

“Love is the Tie that Binds”

Vancouver Public Library
Alma VanDusen Room
350 West Georgia Street, Vancouver

(Parking: off Hamilton Street in Library Parkade or area around the Library Square.)

Next month’s ECK Light and Sound Service, *“How Our Spiritual Lessons Come”*, will be on March 18th.



Fraser Valley Area

**February 25th,
1:00 pm**
(every 4th Sunday)

“Making God an Everyday Reality”

Quality Hotel &
Conference Centre,
Summit Room
36035 N. Parallel Road,
Abbotsford

Next month’s ECK Light and Sound Service will be on March 25th.

New! North Shore
(this is a new ECK Light and Sound Service!)

**February 25th,
10:30 am**
(4th Sunday)

“How Our Spiritual Lessons Come”

John Braithwaite Community Centre
Anchor Multipurpose Room
145 West 1st Street, North Vancouver
(at the foot of Lonsdale, just a short walk up from the SeaBus)

Next month’s ECK Light and Sound Service will be on March 25th.



Be sure to join us after the service for fellowship, tea and goodies!

A Spiritual Exercise to Try

HU is an ancient name for God. When you sing HU, you open your heart to the Light and Sound of God.

Here is a simple spiritual exercise to try. First, close your eyes and look gently to a point between your eyebrows. Then, softly sing HU (pronounced like the word “hue”). Now sit quietly for a few minutes. Watch and listen for the presence of God. It may come as a light or a sound, or in some other way.

The Petrified Sandal

A Desert Dog in Libya Heals My Heart

—By Harold Klemp,

The ECKANKAR Journal, 2005, pp.71,72

“Twenty-five years ago I was living in Libya. In response to some painful experiences during the seven years before, I had closed my heart and hardened myself to love.

The desert around me seemed to echo how I was feeling—dry and lifeless inside.

Then a six-week-old puppy came into my life. Cinque was a mess—full of fleas, ticks, and other assorted desert insects—but a look in his eyes reminded me of my father, whom I had loved very much.

One day when Cinque was about four months old, I noticed that my son’s sandal was missing from the kitchen shoe rack. I searched everywhere, to no avail. Suspecting Cinque had taken it, I set about training him to stay away from the shoe rack. But not long after, I came into the kitchen and saw him gnawing away at one of my son’s slippers. I managed to free it from his mouth and then pointed to the front door, ordering him out to the terrace for the night.

“Think about what you’ve done,” I said.

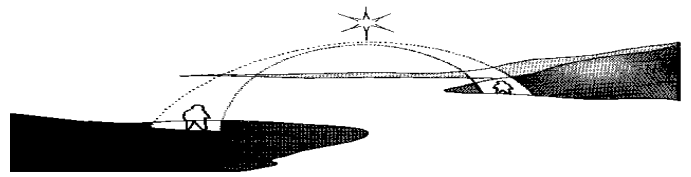
The next morning I opened the door. Cinque was waiting there abjectly, ears down. “Please forgive me,” the look in his eyes seemed to say. Between his paws was a greenish brown lump.

It looked like a rock. I knelt and picked it up.

It wasn’t a rock at all! It was my son’s old sandal—completely petrified after months in the ground!

I realized that Cinque had dug the sandal up and brought it to me as a gift. It was his apology for the slipper—proof that he had understood the reprimand.

I looked deep into his eyes. Suddenly, the hard place inside my heart began to melt. Tears ran down my cheeks as warm love began to flow through me.



Hugging my dear furry friend, I heard the inner words, “You have been living without love for seven years.” From that very moment there was a change in me.

In his book *Our Spiritual Wake-Up Calls*, Harold Klemp, the spiritual leader of Eckankar, writes, “Animals do some marvelous things, not by instinct, but because they know things.”

The gift of the petrified sandal was the catalyst that softened my heart. The Mahanta had sent Cinque to thaw my frozen, petrified heart and prepare a home for divine love in my life.

Three years after my desert dog passed on, I found the teachings of Eckankar. I was now ready for the greatest love of all.



Illustration by Rebecca Lorio

ECK Clergy Services

The four ECK celebrations of life are: the **ECK Consecration Ceremony** for young children, celebrating new life and a new phase in Soul’s journey home to God; the **ECK Rite of Passage** for boys and girls of about age thirteen, celebrating their personal commitment to the ECK teachings; the **ECK Wedding Ceremony**; and the **ECK Memorial Service**.

An ECK Spiritual Aide session, though not counseling, can help you find your own answers in challenging situations through the personal guidance of Divine Spirit. Please call 1-800-708-9060 to find an ECK cleric or ECK Spiritual Aide near you.

To receive this calendar via email or regular post mail, please email ecknewsletter@gmail.com and ask to be put on the list. For online viewing of this calendar and other Eckankar events in BC, please visit www.eckankar-bc.ca.

Presented by ECKANKAR CANADA. The opinions expressed in this publication are those of the writers and not necessarily those of ECKANKAR or the Mahanta, the Living ECK Master, Harold Klemp.

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