



# ECKANKAR The Path of Spiritual Freedom

August 2017 Lower Mainland Calendar of Public Eckankar Events

## Spiritual Discussions

### Surrey

**Sunday, August 6th, 1:00 pm**  
(every 1st Sunday)

#### Discussion Topic:

***“Spiritual Wisdom on Health and Healing”***

*Fleetwood Community Centre,*  
Room 3 (Lounge)  
15996 84th Avenue, Surrey

### Greater Vancouver

#### Spiritual Experiences Meetup

For more information visit us at:

<http://www.meetup.com/GreaterVancouverSpiritualExperiences/>



**Harold Klemp**  
**The Spiritual Leader**  
**of Eckankar**



Have you had a spiritual experience? Meet other people who have had one too. Haven't had a spiritual experience, but would like to? Join our sessions of spiritual discussions to find out how.

Just about everyone has a story to share or a question to ask about spiritual experiences. Perhaps it is an insight that you found through your personal study of life and spirituality. Whatever your background, come to share your stories, experiences, and insights in a warm, friendly environment. Our goal is to listen, validate, and share universal tools that can enhance anyone's spirituality. We are here to help each person find their own relationship with the Divine.

## Community HU Songs

### Surrey

**Friday, August 4th**  
7:30 – 8:00 pm  
(every 1st Friday)

*Fleetwood Community Centre*  
Room 3 (the lounge),  
15996 84th Avenue



### North Vancouver

**Friday, August 4th**  
8:00 – 8:30 pm  
(every 1st Friday)

*Harry Jerome Community Recreation Centre*  
Mahon Room,  
123 East 23rd Street  
(south side of Upper Levels  
Highway, ½ block east of  
Lonsdale—lots of free parking)

### Burnaby

**Tuesday, August 1st**  
7:30 – 8:00 pm  
(every 1st Tuesday)

*Bonsor Recreation Complex*  
Conference Room, 2nd Floor  
6550 Bonsor, Burnaby  
(near Metrotown)

### Abbotsford

**Saturday, August 19th**  
10:15 am  
(every 3rd Saturday)

*Clearbrook Library*  
32320 George  
Ferguson Way



You are warmly invited to join us in sharing the experience of singing HU together as a community. To hear a five minute HU Song sung by thousands, please visit [www.hearhu.org](http://www.hearhu.org).

*“HU, this ancient name for God, is a love song to God. You can sing it. And in singing it or holding it in your mind during times of need, it becomes a prayer. It becomes a prayer of the highest sort.”*

—Harold Klemp, *Love—The Keystone of Life*, p.105

# ECK Light and Sound Services

The public is warmly invited to attend ECK Light and Sound Services. Each service focuses on an aspect of Eckankar. They often feature a reading from the ECK works, singing HU, talks, music, and a group discussion of spiritual principles at work in daily life. The service lasts about an hour. Join others seeking to bring more insight and divine love into their lives at this special celebration of the Light and Sound of God.

## Greater Vancouver Area

**August 20th, 10:30 am**  
(every 3rd Sunday)

### *The Quest for Love*

**Vancouver Public Library**  
Alma VanDusen Room  
350 West Georgia Street, Vancouver  
(Parking: off Hamilton Street in Parkade or area around the Library Square.)

Next month's ECK Light and Sound Service, *What Is the Call of Soul?*, will be on September 17th.



## Fraser Valley Area

**August 27th, 1:00 pm**  
(every 4th Sunday)

### *Theme TBA*

**Quality Hotel & Conference Centre**  
36035 N. Parallel Road,  
Abbotsford

Next month's ECK Light and Sound Service will be on September 24th

***Be sure to join us after the service for fellowship, tea and goodies!***



## A Spiritual Exercise to Try

HU is an ancient name for God. When you sing HU, you open your heart to the Light and Sound of God.

Here is a simple spiritual exercise to try. First, close your eyes and look gently to a point between your eyebrows. Then, softly sing HU (pronounced like the word "hue"). Now sit quietly for a few minutes. Watch and listen for the presence of God. It may come as a light or a sound, or in some other way.

## ECK Clergy Services

The four ECK celebrations of life are: the **ECK Consecration Ceremony** for young children, celebrating new life and a new phase in Soul's journey home to God; the **ECK Rite of Passage** for boys and girls of about age thirteen, celebrating their personal commitment to the ECK teachings; the **ECK Wedding Ceremony**; and the **ECK Memorial Service**.

An ECK Spiritual Aide session, though not counseling, can help you find your own answers in challenging situations through the personal guidance of Divine Spirit. Please call 1-800-708-9060 to find an ECK cleric or ECK Spiritual Aide near you.

To receive this calendar via email or regular post mail, please email [ecknewsletter@gmail.com](mailto:ecknewsletter@gmail.com) and ask to be put on the list. For online viewing of this calendar and other Eckankar events in BC, please visit [www.eckankar-bc.ca](http://www.eckankar-bc.ca).

The opinions expressed in this publication are those of the writers and not necessarily those of ECKANKAR or the Mahanta, the Living ECK Master, Harold Klemp.

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