



ECKANKAR The Path of Spiritual Freedom

April 2018 Lower Mainland Calendar of Public Eckankar Events

Spiritual Discussions/Meetup

Surrey

Sunday, April 8th,
1:00 – 2:00 pm
(every 2nd Sunday)



Greater Vancouver

Spiritual Experiences Meetup

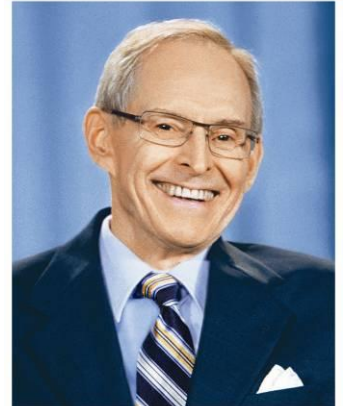
For more information visit us at:

<http://www.meetup.com/GreaterVancouverSpiritualExperiences/>

Discussion Topic:

“Living Life as a Spiritual Adventure”

*Fleetwood Community Centre,
Room 3 (Lounge)
15996 84th Avenue, Surrey*



Harold Klemp
The Spiritual Leader
of Eckankar



Have you had a spiritual experience? Meet other people who have had one too. Haven't had a spiritual experience, but would like to? Join our sessions of spiritual discussions to find out how.

Just about everyone has a story to share or a question to ask about spiritual experiences. Perhaps it is an insight that you found through your personal study of life and spirituality. Whatever your background, come to share your stories, experiences, and insights in a warm, friendly environment. Our goal is to listen, validate, and share universal tools that can enhance anyone's spirituality. We are here to help each person find their own relationship with the Divine.

Sound of Soul (replacing the ‘Community HU Song’)

Surrey

Friday, April 6th
7:30 pm
(every 1st Friday)

*Fleetwood Community Centre
Room 3 (the lounge),
15996 84th Avenue*



North Shore

Friday, April 6th
7:30 pm
(every 1st Friday)

*John Braithwaite
Community Centre
Meeting Room 1
145 West 1st Street,
North Vancouver
(at the foot of Lonsdale, just a
short walk up from the sea bus)*

Burnaby

Tuesday, April 3rd
7:30 pm
(every 1st Tuesday)

*Bonsor Recreation Complex
Conference Room,
2nd Floor
6550 Bonsor, Burnaby
(near Metrotown)*



***“Chanting HU
is what gives Soul
vitality and strength.”***

***—Harold Klemp,
The Call of Soul,
p.32***



You are warmly invited to join us in sharing the experience of singing HU together as a community. To hear a five minute HU Song sung by thousands, please visit www.hearhu.org.

“HU, this ancient name for God, is a love song to God. You can sing it. And in singing it or holding it in your mind during times of need, it becomes a prayer. It becomes a prayer of the highest sort.”

—Harold Klemp, Love—The Keystone of Life, p.105

ECK Light and Sound Services

The public is warmly invited to attend ECK Light and Sound Services. Each service focuses on an aspect of Eckankar. They often feature a reading from the ECK works, singing HU, talks, music, and a group discussion of spiritual principles at work in daily life. The service lasts about an hour. Join others seeking to bring more insight and divine love into their lives at this special celebration of the Light and Sound of God.

Greater Vancouver Area

**April 15th,
10:30 am**
(every 3rd Sunday)

“Dancing to the Rhythm of Life”

Vancouver Public Library
Alma VanDusen Room
350 West Georgia Street, Vancouver

(Parking: off Hamilton Street in Library Parkade or area around the Library Square.)

***Please note that next month’s service will be on May 13th (the second Sunday).** This is a one-time change due to the BC Regional Seminar being held from May 18 – 20th.



Fraser Valley Area

**April 22nd,
1:00 pm**
(every 4th Sunday)

Theme TBA

Quality Hotel &
Conference Centre,
Summit Room
36035 N. Parallel Road,
Abbotsford

Next month’s ECK Light and Sound Service will be on May 27th.

North Shore

**April 22nd,
10:30 am**
(4th Sunday)

“Dancing to the Rhythm of Life”

John Braithwaite Community Centre
Anchor Multipurpose Room
145 West 1st Street, North Vancouver
(at the foot of Lonsdale, just a short walk up
from the SeaBus)

Next month’s ECK Light and Sound Service will be on May 27th.



Be sure to join us after the service for fellowship, tea and goodies!

A Spiritual Exercise to Try

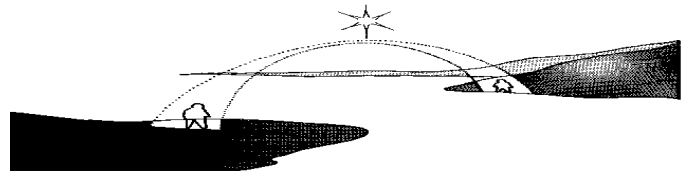
HU is an ancient name for God. When you sing HU, you open your heart to the Light and Sound of God.

Here is a simple spiritual exercise to try. First, close your eyes and look gently to a point between your eyebrows. Then, softly sing HU (pronounced like the word “hue”). Now sit quietly for a few minutes. Watch and listen for the presence of God. It may come as a light or a sound, or in some other way.

HU—A Gift from God

A Father Learns of the Miraculous Power of HU

—By David Schmuckler,
The ECKANKAR Journal, 2010, pp.32,33



“When my wife was pregnant with our daughter, we both looked forward to the joys of having a child. Throughout the pregnancy, things went well, until my wife went into labor.

During the delivery, our unborn child’s heart rate plummeted dramatically from its normal 150 to very dangerous levels, sometimes as low as 40.

The doctors and nurses didn’t know what to do, and of course, neither did I. It was difficult enough to see my wife in pain from the labor, and now our unborn child’s life was in danger.

There was nothing I could do except sing HU. HU is a form of prayer to God saying, “Thy will be done.”

So I began to sing HU out loud.

As I did, a strange thing happened. With every HU, the baby’s heart rate would go up into the normal range. When I stopped, it would go down.

I continued to sing HU for hours and hours. At times, I’d have to stop to rest, and the baby’s heart rate would stay high. Then it dropped again, and I’d start singing once more.

I knew that I couldn’t direct the HU. It’s a song of love to God, asking for God’s will to be done. But inwardly I did say that if it’s meant for this child to come into the world, I’d love for it to happen. And I kept singing.

My wife’s labor went on for twenty-four hours. After many hours, I had to stop singing for a while because I was so exhausted.

But the attending nurses had noticed the value of

singing HU.

At one point while I was resting, one of the nurses noticed the baby’s heart rate dropping again. No matter what she or the other medical staff did, they couldn’t get it to go back up.

The nurse turned to me and asked, “Could you sing that song again?”

So I did, and the baby’s heartbeat sped up.

Inwardly, I knew the ECK was telling me that our daughter would be born, and somehow I was assisting. I continued to sing HU for the rest of the labor.

Eventually, our daughter was born, and I was incredibly grateful. I can’t even imagine what life would have been like without her.

This experience showed me the power of the HU to bring about a miracle. Even now, I still don’t fully understand it, but I know we were given a blessing from the ECK. HU is a gift from God, and I’m grateful I had the opportunity to be a vehicle for Its divine love.



ECK Clergy Services

The four ECK celebrations of life are: the **ECK Consecration Ceremony** for young children, celebrating new life and a new phase in Soul’s journey home to God; the **ECK Rite of Passage** for boys and girls of about age thirteen, celebrating their personal commitment to the ECK teachings; the **ECK Wedding Ceremony**; and the **ECK Memorial Service**.

An ECK Spiritual Aide session, though not counseling, can help you find your own answers in challenging situations through the personal guidance of Divine Spirit. Please call 1-800-708-9060 to find an ECK cleric or ECK Spiritual Aide near you.

To receive this calendar via email or regular post mail, please email ecknewsletter@gmail.com and ask to be put on the list. For online viewing of this calendar and other Eckankar events in BC, please visit www.eckankar-bc.ca.

Presented by ECKANKAR CANADA. The opinions expressed in this publication are those of the writers and not necessarily those of ECKANKAR or the Mahanta, the Living ECK Master, Harold Klemp.

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