



ECKANKAR The Path of Spiritual Freedom

March 2019 Lower Mainland Calendar of Public Eckankar Events

Spiritual Discussions/Meetup

Surrey
Sunday, March 10th,
1:00 – 2:00 pm
(every 2nd Sunday)

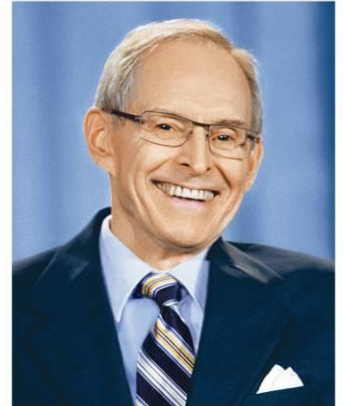


Please note the **Vancouver** Spiritual Discussion/Meetup has been **cancelled** until further notice!

Discussion Topic:
“**Dreams—the Source of Everyday Guidance**”

Fleetwood Community Centre,
Room 3 (Lounge)
15996 84th Avenue, Surrey

Please visit us at:
www.meetup.com/Surrey-Spiritual-Experiences-Meetup/



Harold Klemp
The Spiritual Leader
of Eckankar



Have you had a spiritual experience? Meet other people who have had one too. Haven't had a spiritual experience, but would like to? Join our sessions of spiritual discussions to find out how.

Just about everyone has a story to share or a question to ask about spiritual experiences. Perhaps it is an insight that you found through your personal study of life and spirituality. Whatever your background, come to share your stories, experiences, and insights in a warm, friendly environment. Our goal is to listen, validate, and share universal tools that can enhance anyone's spirituality. We are here to help each person find their own relationship with the Divine.

Experience the Sound of Soul

Surrey
Friday, March 1st,
7:30 pm
(every 1st Friday)

Fleetwood Community Centre
Room 3 (the lounge),
15996 84th Avenue, Surrey



North Shore
Friday, March 1st,
7:30 pm
(every 1st Friday)

John Braithwaite
Community Centre,
Meeting Room 1
145 West 1st Street,
North Vancouver
(at the foot of Lonsdale, just a short
walk up from the SeaBus)

Burnaby
Tuesday, March 5th,
7:30 pm
(every 1st Tuesday)

Bonsor Recreation Complex
Conference Room,
2nd Floor
6550 Bonsor, Burnaby
(near Metrotown)



*“Chanting HU
is what gives Soul
vitality and strength.”*

—Harold Klemp,
The Call of Soul,
p.32



You are warmly invited to join us in sharing the experience of singing HU together as a community. To hear a five-minute HU Song sung by thousands, please visit www.hearhu.org.

“HU, this ancient name for God, is a love song to God. You can sing it. And in singing it or holding it in your mind during times of need, it becomes a prayer. It becomes a prayer of the highest sort.”

—Harold Klemp, *Love—The Keystone of Life*, p.105

ECK Light and Sound Services

The public is warmly invited to attend ECK Light and Sound Services. Each service focuses on an aspect of Eckankar. They often feature a reading from the ECK works, singing HU, talks, music, and a group discussion of spiritual principles at work in daily life. The service lasts about an hour. Join others seeking to bring more insight and divine love into their lives at this special celebration of the Light and Sound of God.

Greater Vancouver Area

**March 17th,
10:30 am**
(every 3rd Sunday)

***“Our Journey Through Life—
Destiny or Free Will?”***

*Creekside Community Recreation
Centre*

Multipurpose Room (MP1)
1 Athletes Way, Vancouver

(A 5-minute walk from the Science World
Skytrain Station.)

Next month's ECK Light and Sound
Service will be on April 21st.



Fraser Valley Area

**March 24th
1:00 pm**
(every 4th Sunday)

***“Our Journey Through Life—
Destiny or Free Will?”***

*Quality Hotel &
Conference Centre,*

Summit Room
36035 N. Parallel Road,
Abbotsford

Next month's ECK Light and Sound
Service will be on April 28th.

North Shore

**March 24th
10:30 am**
(every 4th Sunday)

***“God Is Love, and Soul Exists
Because God Loves It.”***

*John Braithwaite Community Centre
Anchor Multipurpose Room
145 West 1st Street, North Vancouver
(At the foot of Lonsdale, just a short walk up
from the SeaBus.)*

Next month's ECK Light and Sound Service
will be on April 28th.



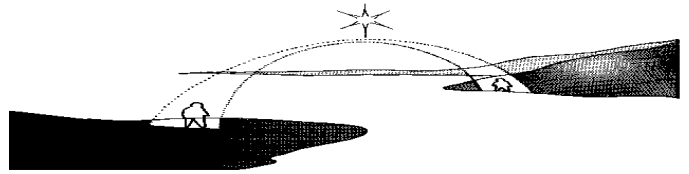
Be sure to join us after the service for fellowship, tea and goodies!

A Spiritual Exercise to Try

HU is an ancient name for God. When you sing HU, you open your heart to the Light and Sound of God.

Here is a simple spiritual exercise to try. First, close your eyes and look gently to a point between your eyebrows. Then, softly sing HU (pronounced like the word “hue”). Now sit quietly for a few minutes. Watch and listen for the presence of God. It may come as a light or a sound, or in some other way.

**“Animals are Soul too!”
Workshop
Saturday, March 9th
1:30 – 3:00 pm**



Creekside Community Recreation Centre
1 Athletes Way, Vancouver

(A 5-minute walk from the Science World Skytrain Station.)

Join us for this FREE presentation featuring the intriguing book: “*Animals are Soul too!*” by Harold Klemp. **Discover the many ways animals teach us about God’s love.**

Try spiritual exercises to help you expand your awareness of our divine kinship with all living things. Learn how Souls, including animals, are going home to God and how you may find your next spiritual step.

“Until we see animals as Soul, we will miss much of what they have to teach us. Most of all, we’ll miss the love.”

—Harold Klemp,
Animals are Soul too!, p.51



**To read heartwarming stories of divine connections between humans and animals, please visit:
www.animalsaresoul.blog/**

ECK Clergy Services

The four ECK celebrations of life are: the **ECK Consecration Ceremony** for young children, celebrating new life and a new phase in Soul’s journey home to God; the **ECK Rite of Passage** for boys and girls of about age thirteen, celebrating their personal commitment to the ECK teachings; the **ECK Wedding Ceremony**; and the **ECK Memorial Service**.

An ECK Spiritual Aide session, though not counseling, can help you find your own answers in challenging situations through the personal guidance of Divine Spirit. Please call 1-800-708-9060 to find an ECK cleric or ECK Spiritual Aide near you.

To receive this calendar via email or regular post mail, please email ecknewsletter@gmail.com and ask to be put on the list. For online viewing of this calendar and other Eckankar events in BC, please visit www.eckankar-bc.ca.

Presented by ECKANKAR CANADA. The opinions expressed in this publication are those of the writers and not necessarily those of ECKANKAR or the Mahanta, the Living ECK Master, Harold Klemp.

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