



ECKANKAR The Path of Spiritual Freedom

October 2018 Lower Mainland Calendar of Public Eckankar Events

Spiritual Discussions/Meetup

Surrey
Sunday, October 14th,
1:00 – 2:00 pm
(every 2nd Sunday)*



Please note the **Vancouver** Spiritual Discussion/Meetup has been **cancelled** until further notice!

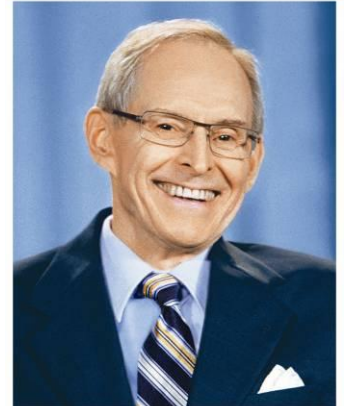
Discussion Topic:
“Finding Life’s Answers Through Dreams”

Fleetwood Community Centre,
Room 3 (Lounge)
15996 84th Avenue, Surrey

***Please note the Surrey Spiritual Discussion/Meetup for November and December have been cancelled. We will resume, as usual, on January 13th, 2019.**

Have you had a spiritual experience? Meet other people who have had one too. Haven't had a spiritual experience, but would like to? Join our sessions of spiritual discussions to find out how.

Just about everyone has a story to share or a question to ask about spiritual experiences. Perhaps it is an insight that you found through your personal study of life and spirituality. Whatever your background, come to share your stories, experiences, and insights in a warm, friendly environment. Our goal is to listen, validate, and share universal tools that can enhance anyone's spirituality. We are here to help each person find their own relationship with the Divine.



Harold Klemp
The Spiritual Leader
of Eckankar



Sound of Soul (replacing the ‘Community HU Song’)

Surrey
CANCELLED for
this month only!
7:30 pm
(every 1st Friday)

Fleetwood Community Centre
Room 3 (the lounge),
15996 84th Avenue, Surrey



North Shore
Friday, October 5th,
7:30 pm
(every 1st Friday)

John Braithwaite
Community Centre,
Meeting Room 1
145 West 1st Street,
North Vancouver
(at the foot of Lonsdale, just a short walk up from the SeaBus)

Burnaby
Tuesday, October 2nd,
7:30 pm
(every 1st Tuesday)

Bonsor Recreation Complex
Conference Room,
2nd Floor
6550 Bonsor, Burnaby
(near Metrotown)



“Chanting HU
is what gives Soul
vitality and strength.”

—Harold Klemp,
The Call of Soul,
p.32



You are warmly invited to join us in sharing the experience of singing HU together as a community. To hear a five minute HU Song sung by thousands, please visit www.hearhu.org.

“HU, this ancient name for God, is a love song to God. You can sing it. And in singing it or holding it in your mind during times of need, it becomes a prayer. It becomes a prayer of the highest sort.”

—Harold Klemp, *Love—The Keystone of Life*, p.105

ECK Light and Sound Services

The public is warmly invited to attend ECK Light and Sound Services. Each service focuses on an aspect of Eckankar. They often feature a reading from the ECK works, singing HU, talks, music, and a group discussion of spiritual principles at work in daily life. The service lasts about an hour. Join others seeking to bring more insight and divine love into their lives at this special celebration of the Light and Sound of God.

Greater Vancouver Area

**October 21st,
10:30 am**
(every 3rd Sunday)

***“Miracles of the Light and Sound
of God”***

Vancouver Public Library
Alma VanDusen Room
350 West Georgia Street, Vancouver

(Parking: off Hamilton Street in Library
Parkade or area around the Library Square.)

Next month’s ECK Light and Sound
Service will be on November 21st.



Fraser Valley Area

**October 28th,
1:00 pm**
(every 4th Sunday)

“Theme TBA”

*Quality Hotel &
Conference Centre,
Summit Room*
36035 N. Parallel Road,
Abbotsford

Next month’s ECK Light and Sound
Service will be on November 25th.

North Shore

**October 28th,
10:30 am**
(every 4th Sunday)

***“See and Hear the Wisdom of God
in Dreams”***

John Braithwaite Community Centre
Anchor Multipurpose Room
145 West 1st Street, North Vancouver
(at the foot of Lonsdale, just a short walk up
from the SeaBus)

Next month’s ECK Light and Sound Service
will be on November 25th.



Be sure to join us after the service for fellowship, tea and goodies!

A Spiritual Exercise to Try

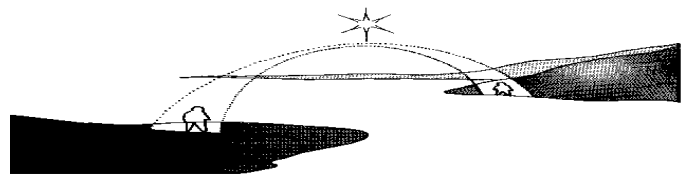
HU is an ancient name for God. When you sing HU, you open your heart to the Light and Sound of God.

Here is a simple spiritual exercise to try. First, close your eyes and look gently to a point between your eyebrows. Then, softly sing HU (pronounced like the word “hue”). Now sit quietly for a few minutes. Watch and listen for the presence of God. It may come as a light or a sound, or in some other way.

My Guardian Angel

ECK Master Kata Daki Brings Love and Reassurance in Difficult Times

—By Terry Jue,
The ECKANKAR Journal, 2012, pp.36-38



“Before I found the teachings of ECK, I had a very vivid dream.

I am in a completely white room. Other people are there, but it’s hard to see them. Spread throughout the room, these beings appear faint and blend into the whiteness around me.

Looking across the room, I see a beautiful woman. Dressed entirely in white, she is radiant with divine love. Even from a distance, her kindness washes over me, bathing me with love.

I float toward her, as if drawn by an invisible string. When I reach her I ask, “Are you my guardian angel?”

She smiles, and suddenly the scene changes.

I am standing in another all-white space with my husband and two little girls. Next to us is a white car with the mathematical symbol of infinity on it. We all get in, my husband taking the driver’s seat.

He begins driving at a fast pace up a very steep, winding, mountain road. I’m frightened as we drive faster and faster. Soon we are going so fast that every turn brings us perilously close to the guardrail, threatening to send us down the steep embankment. But miraculously, the wheels stay on the road.

Suddenly, the car misses a turn and crashes through the guardrail, plunging over the side. As we fall, I am grief-stricken, knowing that my little girls will never have the chance to grow up.

Then I hear a woman’s voice.

“Don’t worry,” she says. “Everything will be all right.” I realize it is the voice of the radiant lady dressed in white.

I woke up in tears.

Two days later, when my husband came home from work, I greeted him, then turned around to put dinner on the

table. Without thinking, I blurted out, “Oh my God! You got fired!”

I don’t know where those words came from. But it was true. My husband had lost his job. That was the beginning of a very wild ride for all of us.

The next year was filled with challenges. When things got hard, the gentle voice of the woman in my dreams returned again and again: *Don’t worry. Everything will be alright.* Whatever the difficulties, the memory of her wonderful, loving presence sustained me.

But it wasn’t just the memory of her love that helped me. Many times I felt the hand of a divine force guiding us toward a new life.

Within a year or so, my husband found a new job. We sold our house, moved to a different city, and bought a new home. Through all of these experiences, I felt the loving presence of the woman in white helping us make the best choices. I really believed she was my guardian angel.

We soon settled into our new home. A short time later, I became a member of Eckankar and attended an event at our local ECK center.

When I arrived, I noticed some pictures of ECK Masters on the wall. One of them caught my eye; it was a picture of Kata Daki, a female ECK Master.

I recognized her immediately. It was the woman in white from my dreams! Kata Daki was my guardian angel.

This was a life-changing experience for me. Kata Daki’s kindness and support through such a difficult time was an amazing gift of love. Now I know the ECK Masters have been with me all along, guiding and helping me when I needed it most.

ECK Clergy Services

The four ECK celebrations of life are: the **ECK Consecration Ceremony** for young children, celebrating new life and a new phase in Soul’s journey home to God; the **ECK Rite of Passage** for boys and girls of about age thirteen, celebrating their personal commitment to the ECK teachings; the **ECK Wedding Ceremony**; and the **ECK Memorial Service**.

An ECK Spiritual Aide session, though not counseling, can help you find your own answers in challenging situations through the personal guidance of Divine Spirit. Please call 1-800-708-9060 to find an ECK cleric or ECK Spiritual Aide near you.

To receive this calendar via email or regular post mail, please email ecknewsletter@gmail.com and ask to be put on the list. For online viewing of this calendar and other Eckankar events in BC, please visit www.eckankar-bc.ca.

Presented by ECKANKAR CANADA. The opinions expressed in this publication are those of the writers and not necessarily those of ECKANKAR or the Mahanta, the Living ECK Master, Harold Klemp.

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